

TNA

Together we will end the pain.

February 2005

NEWSLETTER AND MEETING NOTICE

Special note to those who can't get to meetings: The leadership team is available by phone or email whenever you have questions or concerns. Mary has videos to loan out and print resources which she can copy and send to you.

Brief Report January's meeting

About 23 individuals braved the snowy roads to get to the meeting. Our speaker, Dr. Pollock, gave his apologies, but he was also snow-bound in Rochester. He has agreed to speak to us at our March meeting though. We showed a video tape on Atypical TN from a 2000 meeting in New York. It was interesting to note how much has changed and improved since that was recorded.

At the meeting, I introduced the group to Gail Tudor, who (as mentioned in the last newsletter) will be taking over from me as your support group leader. We are gradually working towards a smooth transition. When you come to the next meeting in March, I encourage you to introduce yourself to Gail and chat to her, so she gets the opportunity to know you. Like each of you, Gail knows personally the toll TN takes on an individual, and she is looking forward to learning more.

FINANCIAL APPEAL & ADDRESSES

I enclose a special financial appeal sheet. I'll be handing over the finances to Gail in March. Please contribute what you can. In the past National would provide us with the labels, but now the addresses will be accessed electronically, so we must also purchase the printer-ready labels.

Addresses – these are now on a spread sheet from National, and the support groups themselves will be keeping them up to date. As I said in the last newsletter, Mary Lou Peterson has agreed to help Gail. This is a very important and generous offer on her part. Please help Gail and Mary Lou in keeping the addresses as accurate as possible.

IMPORTANT DATES FOR YOUR CALENDAR! 2005 MEETINGS

Sat. March 19 - Dr. Bruce Pollock, Associate Professor, Dept. Neurosurgery, Mayo Clinic, Rochester, MN.

Sat. May 21 – Beth Heitman, National Support Group Director, Trigeminal Neuralgia Association, Gainesville, FL.

Sat. July 16 – Annual picnic

Sat. Sept. 17

Sat. Nov. 19

Apart from the Picnic, all are scheduled at North Memorial Hospital, Pine Crest Room.

OTHER INFORMATION

There was a question raised at the last meeting about whether Dr. Haines had given me any names of neurologists in the Twin Cities area who he knew had a particular interest in TN. I promised to give you those names that he e-mailed:

Dr. John Tulloch, University of Minnesota

Dr. Frederick Zweibel, Noran Clinic

Dr. Pollock also indicated to me that if any one needed to see him, the best way to reach him was via his office number: 507-284-5317. And if anyone of you needs to be evaluated quickly, the best number to call is 507-255-8092, which will reach his nurse, Debb Gorman, who oversees his clinic and schedule.

We are truly fortunate to have such skilled and dedicated physicians in our area.

IMPORTANT NOTICE REGARDING E-MAIL

Reminder to those of you on the e-mail distribution list (you do NOT receive a hard copy of the notice): Mary Lou Peterson, or Gail Tudor know if your e-mail address changes. (marylou@giftofheritage.com; gmctudor@hotmail.com).

Twin Cities TN Support Group Purpose

- (1) To support and encourage patients and families of those who suffer from trigeminal neuralgia and related facial conditions;
- (2) To assist and educate the medical and dental community in understanding the effects of these conditions.

Disclaimer: This newsletter is not intended to diagnose, prescribe, or to replace the services of your health care providers. It provides information

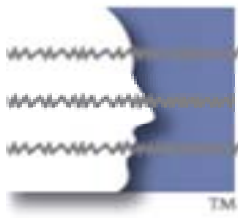
National TNA Contacts

National's Patient Information Representative: Alana: 352-376-9955.

National TNA Office: 2801 SW Archer Rd, Suite C Gainesville FL 32608. Phone: 352/376-9955 Fax: 352/376-8688. www.tna-support.org . Office email: tnanational@tna-support.org. Staff: Michael Pasternak, President/CEO; Beth Heitman, Support Group Coordinator.

Twin Cities Leadership Team

Leaders: Mary Butcher – 763-753-3018. e-mail: butcher70@earthlink.net and Gail Tudor - tel: e-mail: gmctudor@hotmail.com. **Copying Services:** Mary Lou Ackelson– 651-451-6249. **Phone Team:** Mary Lou Ackleson 651-451-6249. Laurie Redmann. Tel: 763-370-8135 and also email: RedmannL@msn.com and all others listed above. **Collating:** Special thanks to Karen Data of Oak Grove, MN.



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From: Mary Butcher
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