



## San Francisco-San Jose Facial Pain Association Support Group

### **Saturday, May 9, 2009 Special Meeting**

El Camino Hospital, Mountain View

Conference rooms adjacent to the Cafeteria, ground floor, Main Hospital Building

[OUR MAY 9<sup>th</sup> FOUNDERS' DAY MEETING \(Thanks, Mary Zaleski and Paul Petralia\)](#)  
[All San Francisco Bay Area members and friends are welcome to attend.](#)

An extended meeting will be held to view videos to partially recreate the recent National TNA Conference in Detroit hosted by Dr. Kenneth Casey.

Our goal is to provide you with the latest authoritative information relating to facial pain. Presentations by U.S. and international medical professionals include diagnosis, surgical options, chronic pain, medications, and more.

THE VIEWING SCHEDULE runs from 9 to 12 and 1:45 to 4.

The program is shown below. If you have limited time, select subjects and times convenient for you but make sure to attend the Group meeting. We will use 3 viewing rooms. Room B will show most of the same programs as Cafeteria Conference Room videos but at different times. The balance of the programs will be shown in Room A. OUR GROUP MEETING is in the Conference Room behind the Cafeteria from 1:15pm to 1:45pm.

LUNCH: The Cafeteria offers a limited meal menu from 11:30 to 2 for meals and 2 to 2:30 for cold foods only; sandwiches, salads, drinks, and desserts. Feel free to brown bag a lunch. Two microwaves are available in the dining room for your use. Members of our group will provide light desserts and snacks for your refreshment.

OUR MAY 9 PROGRAM is part of a two meeting plan in pursuit of current information to help relieve facial pain.

Our July 11 meeting will be a roundtable session with all our members participating. We ask you to identify your own needs and interests in your selection of the May 9th showings. At our July meeting, we will rely on members to share notes and subsequent research with doctors, friends, and Internet searches to supplement information from the May sessions. Jointly, we will share our knowledge, research, and experience. As educated patients, we can better pursue and more quickly reach our goals, and hopefully, help others do the same.

For Internet resources, we suggest [www.endthepain.org](http://www.endthepain.org) and [www.facepain.us](http://www.facepain.us)

For example: On the TNA website, log in (free) and look at [Breaking News](#) articles for "A Prospective Cohort Study of MVD and Gamma Knife Surgery in Patients with TN", a 4 year study led by Dr. Mark Linskey, a distinguished UC Irvine participant at the TNA National Conference at Detroit. Then search other articles of interest to you.

Presentation Program Locations, Times, and Subjects,

CONFERENCE ROOM BEHIND THE CAFETERIA (See also Room B below)

9am Modern Concepts of Pain Management

How did we move away from narcotics to the other medications used today? Why does neuropathic pain respond or not respond to different medications?

Manfred Zimmerman, PhD, Dennis Parker, PharmD, Joanna M. Zakrzewska, M.D.

11am Presentation and Debate: Why and When Should We Have Surgery?

Why have Surgery? Jeffrey Cohen, M.D., PhD

When to have Surgery. Jeffrey Brown, M.D., FACS

Surgical Management Problems. Anthony Kaufman, M.D., BSc, MSc, FRCPC

12:00 Lunch

1:15pm *General Meeting for all members and Founders' Day commemoration.*

1:45pm Debate: Gamma Knife – What is Success? – Is Gamma Knife the first or the last procedure?

Moderator: Mark E. Linskey, M.D., Brian R. Copeland, M.D., Panaleo Romanelli, M.D.

2:55pm Presentations and debate: Chronic Pain – Is it all in Your Mind, Literally and Figuratively?

H. Michael Marsh, M.B., B.S., April Vallerand, PhD, RNB, FAAN, Kenneth Casey, M.D.

Research on what happens in the brain for Short and Long-term pain.

Advocate for your Pain. Don't let pain beat you down: How to own and take control of your pain. How to use the Internet to help control your pain.

MEETING ROOM A

9am Presentation: What is Pain? Kenneth Casey M.D. and Manfred Zimmerman, PhD

Learn what it is, how pain works in you, how to best attack it, how to discuss pain with your doctor, and how to take ownership with your doctor.

10am Presentation and Debate: Complementary and Alternative Medicine, What is It's Value? Tapan Chaudhuri, M.D., FACP, FRCP(C), FAAMA

The Beneficial Effects of Acupuncture on Trigeminal Neuralgia.

12:00 Lunch

1:15 *General Meeting and Founders' Day Commemoration* in the Conference Room behind the Cafeteria

1:45pm Presentation: International Neuropathic Pain Survey, J. Zakrzewska M.D.

2:20pm Emergency Care of Head and Neck Pain – What to do when you go to the Emergency Room and doctors are at a loss. Anthony T. Lagina, M.D.

Presentation: Radiology of Head and Neck Pain. Jerry Glowniak, M.D.

3:15pm Debate: Opioids – Good or bad for chronic pain? Jeffrey Cohen, M.D., PhD, Kenneth Casey M.D., Warren Vallerand, M.D., D.D.S., Joanna M. Zakrzewska, M.D.

MEETING ROOM B, Alternate times of Cafeteria Room presentations

10am *Debate:Gamma Knife, What is Success?* See Dr.s and description above.

11am *Presentations and Debate: Chronic Pain- Is it all in your mind?* See above.

12:00 Lunch

1:15pm *General Meeting and Founders' Day Commemoration in Conference Room behind the Cafeteria*

1:45pm *Modern Concepts of Pain Management.* See description and Dr.s above.

We will have copies available of TNA's two Face Pain reference books, Dr. Ken Casey and George Weigel's "*Striking Back, The Trigeminal Neuralgia and Face Pain Handbook*" and Dr. Joanna Zakrzewska's "*Insights, Facts and Stories behind Trigeminal Neuralgia*".

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**\*\*PARKING:** [Our Meeting Rooms](#) are in the Main Hospital building. Enter the Hospital Campus from Grant Road on South Drive and park in Visitor's Parking. Refer to the El Camino Hospital map on the next page.

[San Francisco-San Jose TN Support Group Mountain View Meeting Dates for 2009](#)  
Saturdays, 1:30-3:30pm: May 9 (9am-4pm), July 11, September 12, November 14

Northern California Support Group Leaders and TNA Contacts

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**Changes or Questions????** *If you change your e-mail or postal address, added an email address, have questions, or want to be removed from our mailing list, please let us know.*

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**Disclaimer:** There are many treatment options for Trigeminal Neuralgia and other facial pain conditions. TNA does not endorse any one over others. This newsletter and the information contained in it are not intended to be medical advice. For that, you must consult your own doctor.